



GOURMET SHOPPING

10 of Adelaide's finest foodie destinations

Adelaide

1 THE ADELAIDE

CENTRAL MARKET:

Buzzing with sounds, colours and wondrous smells, you can't beat the Adelaide Central Market for a free morning's entertainment as you wander around the stalls laden with fresh produce. The Central Market began trading in 1869, with a small group of market gardeners and their carts laden with produce, making their way to the site between Grote and Gouger Street. It's a great place to get a cheap eat, you'll find not only fresh fruit and vegetables, but the largest range of meat and fish, along with gourmet specialities introduced by the waves of immigrants who now call Adelaide home.

2

HAIGH'S CHOCOLATES

VISITOR CENTRE:

If you have a sweet tooth, head to Haigh's Chocolates Visitor Centre on Greenhill Road at Parkside (five minutes drive from the city centre) for free tastings, heritage displays and a peek into the chocolate production process. Established in 1915, Haigh's is Australia's oldest chocolate manufacturer. Free guided tours Monday to Saturday at 1pm and 2pm – bookings are essential on (08) 8372 7077.

3

NATIONAL WINE CENTRE

OF AUSTRALIA:

The National Wine Centre of Australia showcases more than 10,000 different Australian wines and more than 60 wine regions. The Wine Discovery Journey takes you on an interactive journey through the past, present and future of the Australian wine industry via interactive, multi-media technology. Talk with holograms of famous Australian winemakers, participate in the winemaking process and learn what makes Australian wines so unique. Charges apply for wine tastings.

4

ADELAIDE SHOWGROUND

FARMERS MARKET:

farmers and producers sell their goods direct to consumers. Goodwood Road, Wayville, Adelaide. Sunday 9am-1pm

5

HAHNDORF IN THE

ADELAIDE HILLS:

A quick half-hour drive out of Adelaide will take you to Hahndorf in the Adelaide Hills. Settled in 1839 by Prussian and East German immigrants, Hahndorf is Australia's oldest surviving German settlement. It is the ideal place to buy traditionally made wursts and German smallgoods. Stop for an afternoon tea break at The German Cake Shop.

6

BEERENBERG STAWBERRY

FARM:

pick your own strawberries in season and buy a large range of jams and other related products. Mt Barker Rd, Hahndorf. Open daily, 9am-5pm.

7

MELBA'S CHOCOLATE

FACTORY:

watch (and buy) chocolates and sweets made with historic machinery. Heritage Park, Henry Street, Woodside. Open daily, 10am-4.30pm.

8

WOODSIDE

CHEESEWRIGHTS:

next door to Melba's, make a range of high-quality hand-crafted cheeses. Heritage Park, Henry Street, Woodside.

9

THE FLEURIEU

PENINSULA:

Just 40 minutes drive south of the city, the stunning rural and coastal scenery and even better food and wine make the Fleurieu Peninsula a much-loved gourmet excursion. All over the peninsula you'll find seriously good wine country (there's more than 50 cellar doors in McLaren Vale alone) and roadside stalls sell local produce in season.

10

WILLUNGA FARMERS

MARKETS:

The Saturday morning Willunga farmers markets, just 45 minutes drive from Adelaide, is the place to shop for almonds and olives planted by immigrant farmers from Greece and Italy in the late 1800s, and produce from newer farming ventures that focus on venison, hand-made cheese, berries, beef, lamb, organic vegetables, trout and marron, plus lots of fresh baked breads and tempting pies and pastries, home-made jams and preserves and delicious cakes.